

Lunch and Learn

On **Tuesday March 24** during **lunch time (11:30 AM to 12:00 PM)**,
Public Health Nurse is visiting to share information about:

- Child development and early learning
- Health, nutrition and safety
- Resources available in the community
- Parenting in Canada, and more!

Registration is not required.

Hope to see you in the school Resource Area.

Topic at the display on March 24th is:

**Healthy Eating! Healthy Routine!
Health for All!**

**For more information, speak to
Welcome Centre Reception staff**



Welcome Centre - Pickering
1400 Bayly Street, Unit 5
Pickering, ON L1W 3R2

Toll-free: 1-877-761-1155
www.welcomecentre.ca



Welcome Centre Lead Agencies:

Ajax – Community Development Council Durham

Pickering – Durham Region Unemployed Help Centre



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