

**Put *life*
back into
your life.**



**Do you live with challenges
and complications as a result
of a chronic condition?**

Join us for a **free** six-week
**Living a Healthy Life with
Chronic Conditions workshop.**

DATES: Every Tuesday
From April 3—May 8, 2018

TIME: 6:30pm — 9:00pm

LOCATION: Pickering Welcome Centre
1400 Bayly Street, Unit 5, Pickering



Welcome Centre - Pickering
1400 Bayly Street, Unit 5
Pickering, ON L1W 3R2

Toll-free: 1-877-761-1155
www.welcomecentre.ca