

Lunch in the Library

On **Tuesday February 12th** during **lunch time (11:30 AM to 12:00 PM)**,
Public Health Nurses are visiting the school library to share information about:

- Child development and early learning
- Health, nutrition and safety
- Resources available in the community
- Parenting in Canada, and more!

Registration is not required. Hope to see you in the school library!

**Topic for Lunch in the Library on
Tuesday February 12th, 2019 is
Self Care & Mental Health**

**For more information, speak to
Welcome Centre Reception staff**



Welcome Centre - Pickering
1400 Bayly Street, Unit 5
Pickering, ON L1W 3R2

Toll-free: 1-877-761-1155
www.welcomecentre.ca



Welcome Centre Lead Agencies:

Ajax – Community Development Council Durham

Pickering – Durham Region Unemployed Help Centre

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