

DURHAM MENTAL HEALTH SERVICES (DMHS)

Durham Mental Health Services (DMHS) is pleased to provide timely community mental health support to newcomers accessing the Pickering Welcome Centre.

**every Tuesday morning
10:00am to 12:00pm**

The Community Mental Health Worker can:

- ◆ Provide information about DMHS services.
- ◆ Make referrals to other community resources.
- ◆ Provide information and education about mental health and the mental health system.
- ◆ Assist with identifying areas of need and goal development.



Welcome Centre - Pickering
1400 Bayly Street, Unit 5
Pickering, ON L1W 3R2

Toll-free: 1-877-761-1155
www.welcomecentre.ca

- ◆ **The services offered at the Welcome Centre are free and confidential**
- ◆ **Please drop-in at the Welcome Centre to meet the Community Mental Health Worker**