

Meet us at the Nook

Thursday, March 7th, 2019

(11:30 a.m. to 12:30 p.m.)

Public Health Nurses are visiting with families to
share information on:

Healthy Eating for Your Whole Family

Snacks and resources will be provided.
Registration is not required.
Hope to see you there!

For more information, contact
Durham Region Health Department
at (905) 668-7711



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