

## OCTOBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>English Conversation Circle 3:00pm-4:15pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p>	<p><b>2</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>Community Mental Health Worker 10:00am-12:00pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p>	<p><b>3</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>English Language Assessment 8:30am-4:30pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p>	<p><b>4</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p>	<p><b>5</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p>
<p><b>8</b></p> <p><b>PWC CLOSED THANKSGIVING DAY</b></p>	<p><b>9</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p> <p>JSW Module I 9:00am – 12:30pm</p> <p>Community Mental Health Worker 10:00am-12:00pm</p>	<p><b>10</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p> <p>JSW Module I 9:00am – 12:30pm</p> <p>English Language Assessment 8:30am-4:30pm</p>	<p><b>11</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p> <p>JSW Module I 9:00am – 12:30pm</p>	<p><b>12</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p> <p>JSW Module I 9:00am – 12:30pm</p>
<p><b>15</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p> <p>English Conversation Circle 3:00pm-4:15pm</p> <p>English Language Assessment 8:30am-4:30pm</p>	<p><b>16</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p> <p>Community Mental Health Worker 10:00am-12:00pm</p>	<p><b>17</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>Taking Care of Ourselves in a New Country 11:30 am -12:00 pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p> <p>English Language Assessment 8:30am-4:30pm</p> <p>Service Canada 9:30am-12:30pm</p>	<p><b>18</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p>	<p><b>19</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p>
<p><b>22</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p> <p>JSW Module II 9:00am – 1:00pm</p> <p>English Conversation Circle 3:00pm-4:15pm</p>	<p><b>23</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p> <p>JSW Module II 9:00am – 1:00pm</p> <p>Community Mental Health Worker 10:00am-12:00pm</p>	<p><b>24</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p> <p>JSW Module II 9:00am – 1:00pm</p> <p>English Language Assessment 8:30am-4:30pm</p>	<p><b>25</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p> <p>JSW Module II 9:00am – 1:00pm</p>	<p><b>26</b></p> <p>TRIEC Mentoring Partnership 8:30am-4:30pm</p> <p>Enhanced Language Training (ELT) 8:30am – 3:00pm</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>29</b>  <b>TRIEC Mentoring Partnership</b>  <b>8:30am-4:30pm</b></p> <p><b>Enhanced Language Training (ELT)</b>  <b>8:30am – 3:00pm</b></p> <p><b>English Language Assessment</b>  <b>8:30am-4:30pm</b></p> <p><b>English Conversation Circle</b>  <b>3:00pm-4:15pm</b></p>	<p><b>30</b>  <b>TRIEC Mentoring Partnership</b>  <b>8:30am-4:30pm</b></p> <p><b>Enhanced Language Training (ELT)</b>  <b>8:30am – 3:00pm</b></p> <p><b>Community Mental Health Worker</b>  <b>10:00am-12:00pm</b></p>	<p><b>31</b>  <b>TRIEC Mentoring Partnership</b>  <b>8:30am-4:30pm</b></p> <p><b>Enhanced Language Training (ELT)</b>  <b>8:30am – 3:00pm</b></p> <p><b>English Language Assessment</b>  <b>8:30am-4:30pm</b></p>		
<p><b>Red text: Special Events; Blue text: Workshops; Green text: Other Services;</b>  <b>Black text: Regular Program or Services</b></p> <p><b>Pickering Welcome Centre Hours of Operation: Monday to Friday</b>  <b>8:30am - 4:30pm</b></p> <p><b>Settlement Support, TRIEC Mentoring Partnership, and the Resource Centre Services are available to Newcomers and Immigrants weekdays during regular business hours</b></p>				

## Highlights!

### Pickering Adult English Language Classes

LINC and ESL classes are open to newcomers in Canada, including Canadian citizens who were born outside of Canada and whose first language is not English. The Care for Newcomer Children program offers free child care to a limited number of learners who qualify. Transportation assistance is also available to a limited number of learners who qualify.

Morning classes run Monday to Friday  
**8:30 am to 11:30 am**

Afternoon classes run Monday to Friday  
**12:00 Noon to 3:00 pm**

Evening classes are offered on Tuesdays and  
**Thursdays 6:30 pm - 9:30 pm**

Register for the program now by calling  
**905-831-3118**

### Language Assessment

Language Assessments conducted for LINC and ESL eligible clients

- Clients' CLB levels for listening / speaking / writing skills are assessed and referrals are made to LINC, ESL, ELT and other settlement programs based on clients' needs and requirements

### Settlement / Orientation

Helping Immigrants settle in Canada: Free, confidential & culturally sensitive information and referral services for immigrants in Durham Region, including:

- Help with housing, banking, health care, education, English classes
- Information and referrals to community programs and services
- Assistance with completing forms, letters of invitation and applications

### Job Search Workshops (JSW)

JSW assists newcomers in building the job search tools they need to succeed in the Canadian job

market. It provides customized action plans, resume and interview preparation, as well as access to computers and fax machines. Workshops are free of charge for Permanent Residents, Convention Refugees or Live-in Caregivers

Call: 905-420-3008 or

Email: [jswinfo@unemployedhelp.on.ca](mailto:jswinfo@unemployedhelp.on.ca)

### Resource Centre

FREE Internet access, use of computers, printer, fax, telephone and other resources for job search activities, training purposes, etc.

### TRIEC Mentoring Partnership (TMP)

TMP brings together newcomers and established professionals in an occupation-specific mentoring relationship. Skilled newcomers entering the program have the education, experience, and language skills they need to succeed in the labour market, but need local insights and access to professional networks that only a one-to-one professional connection with a mentor can offer.

Schedule an appointment with a Mentoring Partnership Facilitator to learn more about being a mentee.

Contact: Phoebe Boreland-Grayson  
**905-420-3008**

Email: [mentorship@unemployedhelp.on.ca](mailto:mentorship@unemployedhelp.on.ca)

### DRIVEN

DRIVEN supports women experiencing abuse and/or any type of violence, including sexual violence by providing coordinated access to a range of specialized services. All services provided at DRIVEN are free of charge and child care is available (eligibility requirements may be required). Women can connect to DRIVEN over video chat at the Welcome Centre. This collaboration integrates technology and bridges the distance by giving women access to DRIVEN supports via video chat.

For more information, please contact:  
Emma Harvey [eharvey@durhamdriven.com](mailto:eharvey@durhamdriven.com)

### Service Canada

Service Canada provides Canadians with a single point of access to a wide range of government services and benefits. Such as:

- ◆ Universal Child Care Benefits
- ◆ Education Savings Grants
- ◆ Learning Bond
- ◆ Canada Child Tax
- ◆ Old Age Security Pension
- ◆ EI Benefits for Families

For more information or to book an appointment,  
please contact **Pickering Welcome Centre**

**905-420-3607**

## Herizon House

Herizon House is a place of safety, support and empowerment for abused women and their children. An Outreach Counsellor will be on site at the Welcome Centre every other Thursday from 10am to 12pm.

### The Outreach Program

- ◆ Serves women in the community that are working towards a life free from abuse
- ◆ Can offer referrals, advocacy, and accompaniment to appointments
- Provides crisis counselling, risk assessment and safety planning
- Offers legal and housing services and support
- Is flexible to women's needs

All services are free and confidential. Please drop-in at the Welcome Centre (see calendar for "Herizon House" dates) or make an appointment at 905-426-1064 ext. 2234.

## DURHAM MENTAL HEALTH SERVICES

Community Mental Health Worker from Durham Mental Health Services (DMHS) is available to meet with Welcome Centre clients every Tuesday morning 10:00am - 12:00pm

The Community Mental Health Worker can:

- ◆ provide information about DMHS services,
- ◆ make referrals to other community resources,
- ◆ advocate for clients needing additional services, and
- ◆ assist with wellness planning.

All DMHS services provided at the Welcome Centre are free and confidential.

Please drop-in Tuesday mornings to meet with the Community Mental Health Worker.

## Community Connections

Newcomers in need of socializing and practising conversational English are encouraged to join the

English Conversation Circle every  
Monday from 3:00pm - 4:15pm.

For information, please call Bozena at  
1-877-761-1155 ext. 103 or email:

[bstobinska@cdcd.org](mailto:bstobinska@cdcd.org)

## SPECIAL EVENTS

### **Taking Care of Ourselves in a New Country**

**Wednesday October 17, 2018**

**Time: 11:30 am to 12:00 pm**

### **Mental Health First Aid in French**

*For information and registration contact:*

*Mireille Huneault: 905 436-8760 ext.137 Mireilleh@cmhadurham.org*

**Saturday October 20 & Saturday October 27, 2018**

**Time: 9:00 am to 3:00 pm**